

# GROW

## AN SMBS SERIES

### Lesson 6 – The Right Process: Put Off



2 Timothy 2:21 states “If anyone cleanses himself from what is dishonorable, he will be a vessel for honorable use, set apart as holy, useful to the master of the house, ready for every good work.” Those who wish to be holy must be willing to be cleansed of their sins. Many people, unfortunately, have a shallow understanding of how confession and repentance work. They give it a half effort, either because they don’t know any better or because they don’t like the shame of dealing with their sin honestly, normally a little of both. God is quite clear, however, concerning what he is looking for from us when we deal with sin.

**WE PUT OFF SIN THROUGH \_\_\_\_\_ (1 JOHN 1:9)**

**Definition:** *Confession is agreeing with God that you are a sinner and that sin is wicked.*

**1. Confession acknowledges the \_\_\_\_\_ of sin.**

People frequently try to make sin sound better than it is. God sees sin as vile and disgusting, describing it as hostility toward him (James 4:4), disgusting (Isaiah 64:6, Proverbs 26:11), despising him (2 Samuel 12:10), and breaking his law (1 John 3:4) to name a few.

**2. Confession acknowledges the \_\_\_\_\_ of sin (James 1:13-15).**

Man has always sought to blame others for his sins (Genesis 3:11-13). People continue this trend by finding many excuses for sin: a rebellious lifestyle is because of unloving parents, a failure to take a stand for Christ is because someone is naturally shy, a temper problem is the result of being a certain nationality. While outside factors can play into a propensity for certain sins, no sin is excusable before God because no believer ever *has* to sin (1 Corinthians 10:13).

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**WE PUT OFF SIN THROUGH \_\_\_\_\_ (2 CORINTHIANS 7:8-11)**

**Definition:** *Repentance is changing your mind so that you forsake your sin and return to God.*

Repentance goes one step beyond confession. Confession says “I sinned and I was wrong.” Repentance says the same thing but goes on to say “and I will not sin again.” The right repentance is a result of the right sorrow.

1. Godly sorrow includes an \_\_\_\_\_ to address sin.
2. Godly sorrow includes a desire to \_\_\_\_\_ oneself.
3. Godly sorrow includes \_\_\_\_\_ against sin.
4. Godly sorrow includes \_\_\_\_\_.
5. Godly sorrow includes a \_\_\_\_\_ for restored relationships.
6. Godly sorrow includes \_\_\_\_\_ to live rightly.
7. Godly sorrow includes a desire to see \_\_\_\_\_ done.

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**WE PUT OFF SIN THROUGH \_\_\_\_\_ (MATTHEW 5:23-24)**

**Definition:** *Restitution is taking the necessary steps so that I am right before God and others.*

1. Restitution makes things right with \_\_\_\_\_.
2. Restitution makes things right before \_\_\_\_\_.

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**WE PUT OFF SIN THROUGH \_\_\_\_\_ (MATTHEW 5:29-30)**

**Definition:** *Amputation is removing sin patterns and opportunities to return to sin from one’s life to the greatest extent possible.*

1. **Cut off the \_\_\_\_\_ itself.** We must not come to terms with wrong thinking and behavior, or permit sin to a certain extent, thinking we are in control. We must seek to completely eradicate all sin from our lives and leave not a trace of the filth behind.
2. **Cut off the \_\_\_\_\_ to the sin if at all possible.** Cutting out an eye or chopping off a limb might seem a bit extreme, but so is hell. Christ makes it abundantly clear that the stakes are too high to play around with sin.

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